

- **Wellness Presentations and Introductions: August – September 2015**
 - Food Service
 - Mindful Movement
 - Eisenhower staff retreat
 - LID lunch at Everett HS
 - Maintenance and Operations: Monthly Wellness with Crew
 - Mindful Movement
 - CRC Staff Meeting
 - *Coming Up:*
 - Head custodian meeting
 - Invitations from principals to meet staff
- **Getting to know Everett Public School District**
 - Finished scheduled principal meetings
 - 17 as of 9/10
 - Reaching out to remaining principals
 - Wellness Teams
 - First meeting with CRC Wellness Committee 9/10
 - Introduction to Wellness Teams: 9/15
 - Employee survey
 - Compiling results into report for October meeting
 - Working to meet with other departments and administrators
- **Weight Watchers at Work**
 - Community Resource Center: Summer session results
 - 17 week series starting at CRC 9/16
- **Fall Initiative Preparations**
 - Health Fair and Flu Vaccine Clinics
 - Additional location: Maintenance and Operations
 - WALKTOBER
 - Registration update
 - Onsite Fitness Classes
 - Weight Watchers at Work
 - Communications
 - Wellness web page
 - Wellness Wednesday weekly newsletter – first edition sent 9/9
 - Promotional emails and flyers
 - Monthly email to Principals and Food Service
 - Facebook Page/Group
 - Web Forum/Discussion Group
 - Wellness Calendar